

Information for breastfeeding families **Newborn Feeding Log**



<p>Day 1 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1</p> <p>Black tarry stools 1</p> <p>Notes:</p>	<p>Day 4 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4</p> <p>Yellow stools 1 2 3</p> <p>Notes:</p>
<p>Day 2 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2</p> <p>Black/brown stools 1 2</p> <p>Notes:</p>	<p>Day 5 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>
<p>Day 3 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3</p> <p>Brown stools 1 2</p> <p>Notes:</p>	<p>Day 6 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>

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<p>Day 7 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>	<p>Day 10 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>
<p>Day 8 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>	<p>Day 11 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>
<p>Day 9 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>	<p>Day 12 Feed 8 or more times</p> <p><i>Circle the hours</i></p> <p>12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11</p> <p>Wet diapers 1 2 3 4 5 6</p> <p>Yellow seedy stools 1 2 3</p> <p>Notes:</p>

Wet diapers may exceed those indicated in this chart in the first few days. The numbers of stools per day is a better indicator of adequate intake than wet diapers.